

Signature Box

\$30

Balanced Nutrition and Variety with enough food to assist in feeding a family of four for about one week.

- 2 lb. Chopped Beef Steaks flavored with Dijon Mustard (4 x 8 oz.)
- 1 lb. Bacon Wrapped Turkey Breast Filet Mignon (4 X 4 oz.)
- 1 lb. Boneless Center Cut Pork Chops (4 x 4 oz.)
- 2 lb. Macaroni & Beef Dinner Entrée
- 2.5 lb. IQF Split Chicken Breasts (Resealable Bag)
- 1 lb. Lean Ground Beef
- 1 12" Supreme Pizza
- 1 lb. Frozen Peas & Carrots
- 1 lb. Frozen Whole Kernel Corn
- 2 lb. Fresh Apples
- 2 lb. Heat and Serve Broccoli & Cheese Soup
- 24 oz. Natural Cut French Fries (Skin-on)
- 6.5 oz. Stroganoff Skillet Meal
- 1 lb. Rice
- Dozen Eggs
- Dessert

Senior & Convenience Meals

For Seniors or People on the Go!

\$28

Ten perfectly seasoned, nutritionally balanced, fully cooked meals — just heat and serve. Each meal has been developed with the dietary needs of senior citizens in mind, and contains 3 oz. of protein, a starch & two vegetables or fruit.

- Breaded Baked Fish
- Chicken Chow Mein
- Swedish Meatballs
- Fettuccini Alfredo
- Meatloaf Patty
- Turkey and Dressing
- Chicken and Noodles
- Pot Roast
- Country Herb Chicken
- Chicken Broccoli Alfredo
- Desserts: Assorted Cookies, Mixed Fruit Cup, Applesauce, Grape Juice, Apple Juice

Allergen-Free Food Box

\$23

Processed to eliminate the eight top serious allergens: Peanuts, Soybeans, Milk, Eggs, Fish, Crustacea, Tree Nuts and Gluten (wheat, rye and barley). Great for children and adults!

- 1 lb. Breaded Chicken Breast Chunks
- 1 lb. Breaded Formed Tenders
- 2 lbs. Breaded Chicken Drumsticks
- 1 lb. Breaded Cube Steak
- Battered/breaded with water, white rice, brown rice, modified tapioca starch, flax seed, sugar, dextrose, salt, splces, dehydrated garlic, spice extractives and oleoresin paprika. Breading is pre-browned in Canola oil.*

After School Box

\$21

An assortment of child-friendly snacks. Great for after school or any time. Chicken items and bread sticks in resealable bags.

- 14 oz. Bread Sticks Stuffed with Mozzarella (9 x 1.61 oz.)
- 1.5 lb. Fully Cooked Chicken Rings (Approximately 8 servings)
- 1.5 lb. Fully Cooked Chicken & Cheese Nuggets (Approximately 8 servings)
- 1.5 lb. Fully Cooked Mini Corn Dogs (36 count)

6 lb. Premium Seafood Variety Box

\$35

- 27 oz. Breaded Butterfly Shrimp Tail-on (oven ready)
- 10 oz. Cod Fillets
- 17 oz. Crab Cakes (oven ready)
- 16 oz. White Fish Fillets
- 16 oz. Tilapia Fillets
- 10 oz. Breaded Clam Strips (oven ready)

MARCH SPECIAL #1 **\$23**

- 6 lb. Assorted Meat Grill Box**
- 1.5 lb. Ribeye Steaks (2 x 12 oz.)
- 1 lb. Chopped Beef Steak Flavored with Real Mozzarella Cheese (2 x 8 oz.)
- 1 lb. Chopped Beef Steak Flavored with Real Mild Cheddar Cheese (2 x 8 oz.)
- 1.5 lb. Italian Sausage with Cheese
- 1 lb. Bacon Wrapped Turkey Breast Filet Mignon (4 x 4 oz.)

MARCH SPECIAL #2 **\$22**

- 4.5 lb. Assorted Meat & Chicken Combo**
- 1.5 lb. New York Strip Steaks (2 x 12 oz.)
- 1.5 lb. Bacon Wrapped Filet (4 x 6 oz.)
- 1.5 lb. Bacon Wrapped Chicken Breast (4 x 6 oz.)

MARCH SPECIAL #3 **\$20**

- 10 lb. Boneless/Skinless Chicken Breast Box**
- 10 lb. IQF Boneless/Skinless Chicken Breasts

MARCH SPECIAL #4 **\$35**

- 4 x 4 Family Meal Kits**
- 4 meal kits with all you need to feed a family of 4. 16 meals at \$2.20 per meal.*
- Turkey Kit - 1.5 lb. Boneless Turkey Breast, 1.5 lb. Potato Medley, 1 lb. Green Beans
- Split Whole Chicken Kit - 3 lb. (avg) Whole Split Chicken, 1.5 lb. Potato Medley, 1 lb. Green Beans
- Beef Tips & Gravy Kit - 1.5 lb. Choice Beef Tips in Gravy, 1.5 lb. Rice Medley
- Pork Roast Kit - 1.5 lb. Boneless Pork Roast, 1.5 lb. Potato Medley, 1 lb. Corn

MARCH SPECIAL #5 **\$22**

- Premium Fresh Fruit and Veggie Box**
- 1 Large Golden Ripe Pineapple
- 1 Large Vine Ripened Cantaloupe
- 1 lb. New Crop Chilean White Seedless Grapes
- 1 Large Tree-Ripened Mango
- 1 Large Haas Avocado
- 1 head Leafy Green Cabbage
- 3 lb. bag Sweet Potatoes (baking size)
- 2 lb. bag New Crop Yellow Onions
- 3 lb. bag Idaho Baking Potatoes
- 1 lb. Fresh California Carrots
- 3 Variety Colored Bell Peppers
- 2 ct. Jumbo Garlic
- AFM Fruit and Veggie Recipe Sheet

Order online at www.angelfoodministries.com at the Abundant Life Church host site, or online at www.theabundantlifetoday.org. Orders also taken at 9365 Hooper Rd. on Thursday March 11 at 5:30 PM-7 PM, and Saturday March 13 at 10 AM-3PM.